

0862338431 (club phone)

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Bandon RFC Underage Newsletter

Saturday 6th October 2018

Registration for the minis and Youth players (U7 to U18) will continue on **Saturday the 6th of October** from **10am**. All players must re-register again with the club even if they played last year. As always new members are welcome to start with us at any age group. **There are various levels of membership this year which is communicated further on in the newsletter**

Some points to help with registration on the day:

- All players must re-register even if they registered and played last year
- **Only New** players need to bring a copy of a birth cert or passport
- Registration takes place in the club house hall from 10am.
- Bring the relevant fee for your chosen membership level
- Parents need to sign the membership form for all players under 18. Prepopulated forms are already printed out and will be in the hall. If you are a returning player, you do not need to bring anything
- Use the age grade chart at the end of this newsletter to find your team for this season
- We encourage girls of all ages to join with us.

U7's	Registration and then training at 11am on the Training pitch
U8's	Registration and then training at 11am on the Training Pitch
U9's	Registration and then training at 11am on the Training Pitch
U10's	Registration and then training at 11am on the Main Pitch
U11's	Kinsale v Bandon with Crosshaven away. Bus departs BRFC at 8.45am. Cost is €5pp
U12's	Training at 11am on the Main Pitch. Parents meeting at 10.30am in the clubhouse to outline the season ahead
U13's	Training at 9.30am on Pitch 3
U14's	Training at 9.30am on the Training Pitch
U14 GIRLS	Training at 10.30am on the training Pitch
U16 GIRLS	Training at club / Training in Bantry with Highfield
U16 B	Bantry v Bandon. Bus departs BRFC at 9.15am. Cost is €5pp
U16 A	Bantry v Bandon. Bus departs BRFC at 9.15am. Cost is €5pp
U18's	Bandon v Ballincollig at 12.30pm on Pitch 3

Additional Training Info

U9's Start Date for Tuesday nights in the Grammar TBC

U10's Start Date for Tuesday nights in the Grammar TBC

U11's Training Tuesday nights in the Grammar Tennis Courts (Outdoors) from 7-8pm. Cost is €3pp.

U12's Training Monday nights in the Grammar Tennis Courts (Outdoors) from 7-8pm. Cost is €3pp

U13's Training Wednesdays in the club from 8 – 9pm

U14's Training Monday at 7pm in the Club

Upcoming Mini Fixtures

Date	7's	8's	9's	10's	11's	12's
6 th Oct	Training	Training	Training	Training	Kinsale (A) with Crosshaven	Training
13 th Oct	Clonakilty	Clonakilty	Clonakilty	Clonakilty	Training	Clonakilty
20 th October	Training	Training	Training	Youghal (A)	Youghal (A)	Training
27 th Oct	Muskerry (A)	Muskerry (A)	Muskerry (A)	Muskerry (A)	Muskerry (A)	Muskerry (A)

Upcoming Youth Fixtures

Date	13's	14's	U14 GIRLS	U16 GIRLS	U16's - B	16's - A	18's
6 th Oct	Training	Training	Training	Training	Bantry	Pan Munster – Bantry (A)	Pan Munster Ballincollig (H)
13 th Oct	Clonakilty (H)					Pan Munster – Clonakilty (H)	Pan Munster – Skibb (A)
20 th Oct	Skibb (H)						
27 th Oct	Training	Clonakilty (A)				Pan Munster - Kinsale (A)	Pan Munster – Kinsale (H)

Upcoming Adult Fixtures

Date	Day	J1's	J2's	Ladies
5 th Oct	Friday		Muskerry (H) Friday 7.30pm	
6 th Oct	Saturday	Clanwilliam (H) – 7pm		
7 th Oct	Sunday			Youghal (A)
12 th Oct	Friday		Cork Con (A)	
13 th Oct	Saturday	St. Marys (H) – 2pm		
19 th Oct	Friday		Cobh (H) 7.30pm	

Monday 15th October - Save the date - Underage Coaches presentation on Bandon's Coaching & Playing philosophy with Paul Barr, one of Ireland's top Rugby coaches. Club Bar, 7pm-8pm. The Club encourages that all underage Coaches make every effort to make this presentation



Rugby Tickets

Members wishing to apply for Munster Home European match tickets, Ireland November international, Ireland Away six nations and Ireland Home six nations should email bandonrugbytickets@gmail.com with their request.

(Closing date for away internationals is Monday 15th October)



Think you don't scare easily? THINK AGAIN!

Introducing the terrifying, heart-stopping, horrifying experience that is....**DUNGEON OF DOOM!** The **Dungeon of Doom** runs from **Sat 27th to Mon 29th October** and is an indoor scare zone designed for those looking to really test their nerves over the Halloween Period. *PG rated – PROCEED WITH CAUTION! We look to scare and we look to thrill – we have had some faint – some cry and some leave over the last two years but almost all have begged us to go again.

BE WARNED — we discovered very early on you cannot do half scary and this guides our approach – we make no apologies for scaring the life out of you by whatever means possible – this is **NOT** for young kids.

Testimonials from last year's event

*"I thought it was scarier than Nightmare Realm! We are bringing all our friends tomorrow night! Highly recommended ***** (5 stars)*

"Fantastic!!!! Laugh, Cry, scream – level of detail superb!"

"Really Amazing very weird characters the best scare I have had in a long time – amazing creative set – well done to everyone – will be back next year!"

TO BOOK YOUR TICKETS CALL [0871922127](tel:0871922127)

TICKET PRICES:

Individual **€15** or Group of 4 for **€50**

Parents in Sport Week – 1st October

1st October is the start of Parents in Sport Week. It's our chance to remind parents of the important role they can play in their child's sporting life. While most parents provide a positive environment in which their child can enjoy rugby, it is important that you understand the role the club plays in making rugby safe and fun for Age-grade players.

- This link is to the parent's section of the IRFU website, <http://www.irishrugby.ie/playingthegame/development/safeguarding/parents-and-guardians.php>
- Play Your Part, Let Them Play video https://www.youtube.com/watch?time_continue=19&v=Lmlt1Ax1GCo
- Article from John O'Sullivan of Changing the Game Project in the USA, - see if you are a bystander or an advocate in children's coaching, <https://changingthegameproject.com/abusive-coaching-tolerated-sports/>
- Top Tips for coaches from NSPCC for working with parents, <https://thecpsu.org.uk/media/445537/coaches-flyer-2018-final.pdf> and here you can find what young people like about parents involvement, <https://thecpsu.org.uk/media/445536/pisw-poster-2-draft.pdf>

Leisurewear for Bandon RFC from Azzurri®



Bandon RFC are pleased to announce that AZZURRI will continue to supply us with new leisurewear this coming season. New items will be available to order every Saturday morning where we will have a range of items on display. Choose from ¼ Zip Tops, Skinny Pants, Polo shirts, Training shorts, Hats and Training Tops and more...



START OF SEASON NEW STOCK AVAILABLE – SPEAK TO SIOBHAN AT THE CLUB SHOP

Purchase of rugby boots and Gum shields

If you intend to purchase new rugby boots for the coming season we would ask that you check the type of studs on the boots. Unfortunately, sometimes we see slice / cut injuries to other players from boots that have blades so we are asking that you do not purchase these types of boots. Please consider the traditional metal round stud (not plastic) as the boot / stud of choice shown below. There are a selection of rugby boots in the shop for purchase at €10 a pair.



We recommend the use of a mouth guard at all times for training and matches. Mouth guards can be custom made through your dentist or specialist companies or you can purchase a mouth guard in a local sports shop. We also offer mouth guards for sale in the club shop.

Bandon RFC Mini & Youth Sponsors



POACHERS

Please support our sponsors who have kindly supported our club

Traffic Management in Bandon RFC on Saturday Mornings

Please help us by not parking in the upper tarmac area and keep a two-way system free for exiting and entering the club.

Please follow the traffic warden's directions. Please use the drop off area to drop your children safely and then proceed to park as directed.



PLEASE DO NOT DROP OFF CHILDREN OUT ON THE MAIN ROAD

Lotto Results



Wed 3rd October 2018

Numbers Drawn

1, 8, 17

No Winner

Jackpot €8750

PRIZES DRAWN:

House Winner: Tony Sylvester c/o O'Donovans Bar

€25 – Des Prendergast, Bandon

€25 – John Fullam, Gaggin

€25 – Pdraig Crowley, Ratheevan

€25 – Noel Canniffe, Clancoolbeg

€25 – Shonagh Fitzgerald, c/o O'Donovans Bar

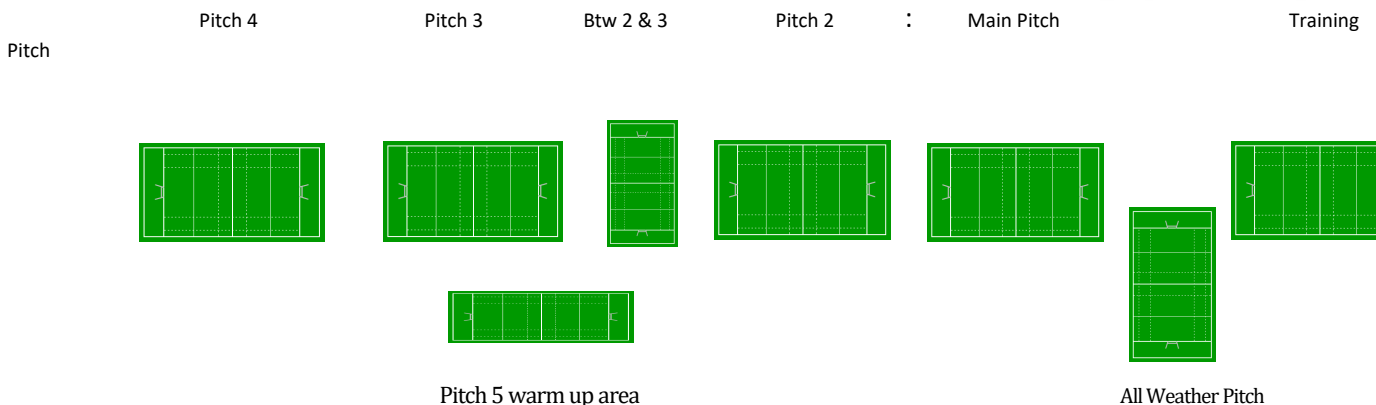
NEXT WEEK'S JACKPOT

€ 9,000

NEXT DRAW – Brady's Bar 10th October @ 9pm

Bandon RFC Pitch layout

Clubhouse



Age Group	Season 2018/2019 Find Your Age Group! Player born in 2012 = Age Group U7 etc.
U7	2012
U8	2011
U9	2010
U10	2009
U11	2008
U12	2007
U13	2006
U14	2005
U15	2004
U16	2003
U17	2002
U18.5	2001 & 2000 from Dec 31st to 1st July
U19	2000
U20	1999

Membership Rates 2018/19

Cost per month	Category	Membership-Lotto Combo	Membership Only	Lotto Only
€18.33	Playing Membership	€220	€160	€100
€15.00	Non-Playing Membership	€180	€100	€100
€16.66	Parent & Child Membership	€200	€160	€100
€20.83	Family Membership	€250	€220	€100
€12.50	Student & Underage	€150	€90	€100
€10.41	Exile Membership*	€125	€50	€100

Monthly direct Debit easy Payment option available

Payable by Cheque or Cash at Club registration days

By post to Club Secretary, Bandon RFC, Old Chapel, Bandon, Co. Cork.

Benefits of Membership Packages.

- Club Membership (a family membership gets one number, the same as an individual).
- Club texts about upcoming matches / events.
- Opportunity to apply for Munster / Ireland tickets.
- Key fob, which
 - gets the member free entry into home matches.
 - Entitles to special offers in participating local business
- Bumper sticker (one per individual / family).
- Get email update via monthly newsletter.

***Exile Member** – Defined as anyone living 100 miles + from Bandon.

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